Health Visiting: Service Health Visitors are qualified nurses and midwives with specialist public health training. They are trained in child development, women's health issues and safeguarding children. The aim is to achieve for all families: Improved access • Improved experience Improved outcomes Reduced health equalities Health Visitors are experts at 'adding value' through their public health practices and delivery of universal Services. Health Visitors work in teams and are supported by Community Staff Nurses and Nursery Nurses. What we do Health Visitors work with families and communities to improve access, experience, outcomes and reduce health equalities. They offer their service universally to all families where there are children 0-5 years. Health Visitors provide services to families across a 4 Level Service model: community. universal, universal plus, universal partnership plus. This model offers a framework for health visitors to provide a unique, universal, unsolicited and nonstigmatising service to all families with children under 5. Health Visitors achieve this by building therapeutic trusting relationships that support parents and their relationships with their children that makes early intervention possible. We aim to strengthen relationships for partnership working to integrate early vear's services and community access around the needs of children and families. Health visitors lead the delivery of the Healthy Child programme. The Healthy Child Programme contains 5 core mandated contacts: Antenatal health promotion Visit. New Baby Review 6-8 week health review assessment 1 year health review assessment 2-2.5 year health review assessment.

Who we work with

Children and their families under 5

Universal: Ensures a healthy start for all babies and their families. Well baby clinics, Health promotion groups, 5 core health and development assessments.

Universal Plus: Families may require additional support or services for a short period of time which is usually provided by staff within the health visiting team. These may include:

- Parenting Support and behaviour management
- Advice on sleep
- Support with anxiety and post-natal depression
- Infant feeding and introduction to solids
- Toileting
- Play and speech and language development
- School readiness.

Universal Partnership Plus:

 Health Visitors work with a range of services partner agencies to provide additional services for families requiring ongoing support in order to deal with more complex issues specifically SEND, CIN,CP. This may include:
Local Therapy Services, Physiotherapy, Speech and language, occupational therapy. Health and Social Care, LCSS Family Nurse Partnership School Nurses Early years settings and Education Primary care and secondary care services

Contact details

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Adult mental health services

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